



# Rosemary Citrus Body Polish

## Ingredients:

- ½ cup fine sea salt
- ¼ cup oil of choice (sweet almond, grape seed, olive, coconut)
- ½ teaspoon lemon zest
- ½ teaspoon orange zest
- ½ teaspoon dried, ground rosemary

## Directions:

Mix ingredients together and apply to clean skin.  
Rinse with warm water.

