



The Lodge at Woodloch Expands its Gardening “You-niversity”

The Gardener is In, Master Gardener Alison Peck Provides Guests with Much Needed Green Thumb Therapy

For Immediate Release: HAWLEY, PA, April 23, 2013- As the private land surrounding the luxury destination spa resort, The Lodge at Woodloch, expands, so does the garden programming. With spring making an appearance on the 150 acres surrounding the serene property, it is no wonder that the three gardens are in full swing. Spring’s arrival also peaks guests’ interest in The Lodge’s gardening practices which highlight a “green” and local approach.

Master Gardener, Alison Peck, was one of the first staff members at The Lodge at Woodloch more than six years ago. At the time, her main purpose was to help ensure that the grounds were pristine. In addition, she created a small Chef’s Garden at the entrance of the property which has provided gourmet restaurant, *TREE* with the freshest produce and herbs. The Chef’s Garden also welcomes guests in a warm, colorful and natural way. Peck’s role has since evolved as the demand for fresh ingredients has multiplied.

For the past two years, the garden program has grown with more gardens, more herbs and produce, and more guest interest. Due to growing guest interest, a plaque outside the Farm-to-Table Garden notifies guests when “the gardener is in”, providing the opportunity for one-on-one time with the expert. New classes and workshops for guests are blossoming this season, including:

Bog Talk

Surrounding The Lodge at Woodloch’s private glacial lake is an ecosystem teeming with life. Join the Outdoor Adventure team as they break down and identify the different forms of life the bog has to offer. Edibles, medicinals and endangered species of plants are just a small part of the bog that is ever-changing and fascinating.

Companion Planting

Join The Lodge’s garden team for this informative workshop which demonstrates that certain plant combinations not only add to a beautiful garden, but also work together to create an environment that will encourage growth and an overall healthy garden. Guests can discover these combinations and their benefits and bring the new knowledge home to their own garden!

Gardening Q&A

Whether a seasoned gardener or just starting out, guests can bring their gardening questions and thoughts to this intimate workshop. The Master Gardener and her team will help find all of the right answers.

Gardener's Tools

It is difficult to know which garden tools are necessary and which ones will last season after season. Join The Lodge at Woodloch's garden team and take a peek in their tool shed to find the must haves for any garden project.

Green Thumb Therapy

Whether a natural green thumb or green thumb challenged, Master Gardener, Alison Peck will help you foster the relationship between earth and thumb. Join Alison and her team as they teach guests the proper techniques to grow a successful garden.

The Gardener Is In

Master Gardener, Alison Peck, will be working and available in the Farm-to-Table Garden to field questions surrounding seasonal garden productivity, seed saving, and preparing the garden for the upcoming growing season.

Wildcrafting

Gain techniques to create decorations made from items found in nature, either for display outside, or to help bring the outdoors in. A collection of items to inspire creativity, easily found in nature or grocery stores, will be available to make a wreath or arrangement to take home.

About The Lodge at Woodloch:

The Lodge at Woodloch is one of the finest full-service luxury destination spas in the U.S., offering complete spa programs, treatments, outdoor adventure activities, golf, classes and packages in a pristine mountain retreat environment. Located on over 150 wooded acres with a private lake in the Lake Region of Northeast Pennsylvania, The Lodge provides an oasis for personal awakening and renewal just 2 ½ hours outside of New York City. The exclusive property features 58 luxury accommodations and a 40,000-square-foot spa. Additional information and reservations are available toll-free at 1-866-953-8500 or on the Web site at thelodgeatwoodloch.com.

Media Contact: Brooke Jennings Roe, Director of PR and Marketing
347.256.1598, bjennings@thelodgeatwoodloch.com