

Summer Facial Mask (Avocado Cooler Mask)

Ingredients:

- 1 avocado
- 1 carrot, cooked and mashed
- ½ cup heavy cream
- 1 egg, beaten
- 3 tablespoons honey

Directions:

Blend all ingredients in a blender or food processor and apply to cleansed face. Leave on for 10-15 minutes then rinse with warm water.

