

THE LODGE AT WOODLOCH HIGHLIGHTS THE POWER OF PLANTS THIS AUGUST



Nature Nurtures Takes On A New Meaning

FOR IMMEDIATE RELEASE: June 18, 2020; HAWLEY, PA- The Lodge at Woodloch opened their doors in 2006 with a philosophy of personal awakening and allowing nature to nurture. With over 500 acres of private woodlands surrounding the property, nature has been the muse and guide for programming and spa offerings.

This August, The Lodge at Woodloch hopes to pay homage to mother nature and all that she provides by focusing on The Power of Plants. Classes and offerings will focus on the well-known (and some not-so well-known) benefits that plants, trees, and flowers offer. The presenters were hand-picked with the plant-based theme in mind to help educate guests on topics such as Feng Shui/Biophilia, Aromatherapy with Essential Oils and more. Additionally the garden team will be the stars of the month with the garden in FULL speed and filled to the brim with organic produce and herbs. Nutritional classes will feature classes and demonstrations with healing foods. Herbalist, Heather Housekeeper will tout the benefits of plants on her edible plant walk.

New Spa Treatments will also roll-out in August featuring one of the most trend-worthy plant-based healing powers- CBD Oil. While CBD Oil enhancements have been very popular with guests over the past year, the new treatment was developed to give more attention to just how healing the experience can be.

Pure Zen Body Ritual

The perfect treatment for pure bliss. This CBD-infused journey begins with a smoothing exfoliation, followed by a deeply hydrating wrap, featuring hemp extract and flower essences to nourish the body and mind. Access the mind body benefits of CBD alongside an infusion of age-defying paracress plant extract in a truly restorative massage, leaving you in a Zen state of relaxation and wellness. \$305

Pure Zen Manicure and Pedicure

These nourishing and age-defying services feature a luxurious infusion of CBD, warm organic Shea butter, and paracress to restore moisture and ease tension in the hands and feet. Promote healthy nails and beautiful skin while inviting deep harmony into the body and mind. Manicure: \$75
Pedicure: \$95

About The Lodge at Woodloch:

The Lodge at Woodloch is one of the finest all-inclusive luxury destination spa resorts in the U.S., offering complete spa programs, treatments, outdoor adventure activities, golf, classes, and packages in a pristine mountain retreat environment. Located on over 500+ wooded acres with a private lake in the Lake Region of Northeast Pennsylvania, The Lodge at Woodloch provides an oasis for personal awakening and renewal just 2 ½ hours outside of New York City. The award-winning property features 58 luxury accommodations, a 40,000-square-foot spa, gourmet restaurant and more. Additional information and reservations are available toll-free at 1-800-WOODLOCH or visit TheLodgeatWoodloch.com, Facebook.com/LodgeAtWoodloch, Twitter: [@LodgeatWoodloch](https://twitter.com/LodgeatWoodloch), Instagram: [@theLodgeatWoodloch](https://www.instagram.com/theLodgeatWoodloch), and Pinterest: [@LodgeatWoodloch](https://www.pinterest.com/LodgeatWoodloch).

109 RIVER BIRCH LANE
HAWLEY, PA 18428
800.WOODLOCH

MEDIA CONTACT: Brooke Jennings Roe, Director of PR & Marketing

347.256.1598 bjennings@thelodgeatwoodloch.com