

# SPRING IS IN THE AIR AT THE LODGE AT WOODLOCH

From Fresh Seasonal Spa Treatments to a Hot New Pool Class



**FOR IMMEDIATE RELEASE: March 18, 2019- HAWLEY, PA:** Every season is a favorite season at The Lodge at Woodloch and Spring is no different. The team of experts at The Lodge at Woodloch go into mega-planning mode to make sure that each season is full of fresh new options to keep each experience new and unique, no matter how many times the guests return.

This Spring, guests can dive into The Lodge at Woodloch's hottest new pool class, Splash Dance.

*Splash Dance: No experience or high heels needed in this fun Hydro-rider Aquatic Pole Dancing Class. Build strength and stamina while learning simple dance moves to music that will make you giggle. Aqua poles are placed in the indoor pool for the energizing and groove-inducing class.*

To remedy that post-winter skin, the Spring Seasonal spa treatment is just the ticket.

*Spring Awakening Body Polish: Rejuvenate the skin and spirit with a thorough sugar exfoliation blending the aromatic properties of citrus and lavender. A deeply hydrating application of shea butter and coconut oil will refresh and restore the skin's natural beauty.*

*Spring Awakening Manicure & Pedicure: Reveal beautiful hands and feet with these ultra-hydrating treatments. A thorough sugar exfoliation blending the aromatic properties of citrus and lavender followed by a deeply hydrating body butter massage lead the way to a perfect polish and cuticle care to prepare for the season.*

TREE Restaurant and Bar has developed a Spring menu filled with fresh surprises. From just-foraged ramps, mushrooms and fiddlehead ferns, the savory delights truly highlight the delicate side of the season. Wine-slinger Leslie Britt has also mixed up a few fresh cocktails that are sure to awaken the senses. One particular cocktail called the **Absolum** shakes up the traditional cocktail with clean ingredients:

*Absolum: Muddled Meaghan's Locally Foraged Mushroom and Rosemary, TreeHouse-infused Mushroom Vodka, Bittermilk Smoked Honey Whiskey Sour*

109 RIVER BIRCH LANE  
HAWLEY, PA 18428  
800.WOODLOCH

- more -



### **About The Lodge at Woodloch:**

The Lodge at Woodloch is one of the finest all-inclusive luxury destination spa resorts in the U.S., offering complete spa programs, treatments, outdoor adventure activities, golf, classes and packages in a pristine mountain retreat environment. Located on over 500+ wooded acres with a private lake in the Lake Region of Northeast Pennsylvania, The Lodge provides an oasis for personal awakening and renewal just 2 ½ hours outside of New York City. The award-winning property features 58 luxury accommodations, a 40,000-square-foot spa, gourmet restaurant and more. Additional information and reservations are available toll-free at 1-800-WOODLOCH or visit [TheLodgeatWoodloch.com](http://TheLodgeatWoodloch.com), [Facebook.com/LodgeAtWoodloch](https://www.facebook.com/LodgeAtWoodloch), Twitter ([@LodgeatWoodloch](https://twitter.com/LodgeatWoodloch)) and Pinterest ([@LodgeatWoodloch](https://www.pinterest.com/LodgeatWoodloch)).

###

**MEDIA CONTACT:** Brooke Jennings Roe, Director of PR & Marketing  
(347) 256-1598, [bjennings@thelodgeatwoodloch.com](mailto:bjennings@thelodgeatwoodloch.com)

109 RIVER BIRCH LANE  
HAWLEY, PA 18428  
800.WOODLOCH